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*Riga State Technical School coordinate Erasmus+
Small – scale partnerships in vocational education and training project
“Tools and techniques for a better choice of profession”,
Co-funded by the Erasmus + Programme of the European Union*

**Project “Tools and techniques for a better choice of profession”
No. 2023-2-LV01-KA210-VET-000174014**

Career guidance tool: Digital test



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FOR INSPIRATION: Choosing your career is not just about work or studies, it is a choice of lifestyle. To live a life that you always wanted you need to have your personal and work-life balance and that is possible only if you build it up according to your personal values. This test was developed to help people think about their values when choosing to study in a VET school

THE GOAL OF THE CAREER GUIDANCE TOOL: This tool will help you think about different areas of study according to the Schwartz's values. The results are tailored specifically to the vocational programs available at [Latvia](#), [Estonia](#), and [Macedonia](#) schools. At the end, you'll receive three possible career suggestions. Keep in mind, this test is just a guide to help you start thinking about your future!

TARGET AUDIENCE: This tool was developed for anyone who would like to discover different options for learning in a VET school. The main target group is young students, but it is suitable for anyone who would like to discover this topic. It is also a good tool to be used for the students with special needs as it is a very short and simple test.

DESCRIPTION: You'll answer 21 questions to help determine 3 possible future professions and career direction at vocational education that match your values. You can do the test unlimited times. You can also send the results to your email address. We also suggest you discuss the results with a career counsellor as this test reflects only one component of good career choice.

OUTCOME: You will have 3 possible career choices that match your personal values according to the Schwartz's value system. You will have results that come from one of the schools who have been part of developing the test. Study areas taught in other schools or not in VET are not presented in this test.



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INSTRUCTIONS:

1. Visit <https://est-career.rvt.lv/> to get started.
2. Select your preferred language: **Latvian, Estonian, or Macedonian.**
3. Answer 21 interesting questions.
4. In the end, you'll discover 3 career options that best reflect your values and what's important to you.

Start exploring your future today!